

Time Marches On

Heber Valley Quilters
2011 Block of the Month

January--Puritan Star or Flower Urn Medallion Block

Make 1 – 18 3/8" finished size (18 5/8" unfinished) Puritan Star or Flower Urn block. Turn block on point with setting triangles to complete your center medallion block for your Time Marches On quilt.

Puritan Star

Cutting

Fabric A – 1-4 1/4" strip x width of fabric (WOF); sub cut 4 diamonds (see Diamond Cutting Instructions)

Fabric B – 1-4 1/4" strip x WOF; sub cut 4 diamonds

Background – 4-5 7/8" squares; 1-8 7/8" square, cut in half diagonally twice to yield 4 triangles



Block Construction

1. Layout pieces of block according to picture of block. Alternate fabric A and B diamonds.
2. Mark the wrong side of pieces with seam allowance. Refer to Inset Seams Instructions.
3. Pick up adjacent diamonds and place right sides together. Stitch seam being very careful not to stitch past the spot where drawn lines intersect. Return to place. Repeat with adjacent diamonds until all 8 are sewn into sets of two diamonds. Then repeat with sets of two to yield 2 sets of four.
4. Turn diamond sets wrong side up. Finger press seams all in the same direction. This will create a circular movement of the seam allowances.
5. With seams finger pressed, put right sides together. Seam allowances should nestle together snugly and line up. Pin carefully or glue with glue stick. Stitch seam. Finger press seam in same direction as previous seams, splitting in the center where all seams come together. Gently press from wrong side before turning over to press from right side.
6. Stitch corner squares and inset triangles into place. Refer to Inset Seams Instructions. Do not press until both sides of piece are stitched. Press seams towards fabric A and B so that background piece is flat.

Flower Urn

Cutting

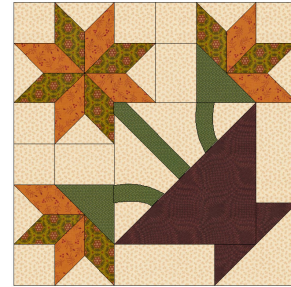
Fabric A (petal) – 1-2 3/8" x WOF strip; sub cut 8 diamonds (see Diamond Cutting Instructions)

Fabric B (petal) – 1-2 3/8" x WOF strip; sub cut 8 diamonds

Fabric C (base of flowers and stems) – 1-4 5/8" square, cut in half once diagonally to yield 2 triangles; 1-1 1/2" x 20" strip cut on the bias (a bias trip is a must for a smooth curve in the stems)

Fabric D (urn) – 1-10" square, cut in half once diagonally to yield 2 triangles (only one triangle will be used in the block); 1-3 1/2" square, cut in half diagonally once to yield 2 triangles

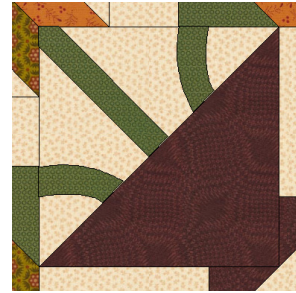
Background – 7-3 1/8" squares; 2-5" squares, cut in half diagonally twice to yield 8 triangles; 2-3 1/8" x 7" rectangles; 1-6 1/4" square, cut in half diagonally once to yield 2 triangles (1 triangle will not be used); 2-3 1/8" x 4 3/8" rectangles; 1-10" square, cut in half diagonally once to yield 2 triangles (1 triangle will not be used)



Block Construction

1. Layout pieces of block according to picture of block. Alternate fabric A and B diamonds in flowers.
2. Mark the wrong side of pieces with seam allowance. Refer to Inset Seams Instructions.
3. Pick up adjacent diamonds and place right sides together. Stitch seam being very careful not to stitch past the spot where drawn lines intersect. Return to place. Repeat with adjacent diamonds until all 16 are sewn into sets of two diamonds. Then repeat with sets of two to yield 4 sets of four.
4. Turn diamond sets wrong side up. Finger press seams all in the same direction. This will create a circular movement of the seam allowances.
5. Piece outside flowers.
 - a. Press seams carefully from the wrong side then press on right side.
 - b. Stitch corner square and inset triangles into place. Refer to Inset Seams Instructions. Do not press until both sides of piece are stitched. Press seams towards fabric A and B so that background piece is flat.
 - c. Stitch one fabric C triangle to the base of each diamond set. Press toward added triangle.
 - d. Using 2-3 1/8" squares and 2-3 1/8" x 4 3/8" rectangles, stitch one square to the end of one rectangle; repeat for remaining square and rectangle. Press toward square.
 - e. Refer to picture of block and position background strip next to flower. Stitch. Press.
6. Piece 8 diamond flower.
 - a. With seams finger pressed, put right sides together. Seam allowances should nestle together snugly and line up. Pin carefully or glue with glue stick. Stitch seam. Finger press seam in same direction as previous seams, splitting in the center where all

- seams come together. Gently press from wrong side before turning over to press from right side.
- b. Stitch 3 corner squares and 4 inset triangles into place. Refer to Inset Seams Instructions. Do not press until both sides of piece are stitched. Press seams towards fabric A and B so that background piece is flat.
 - c. Note: one corner will be empty at this point.
7. Stitch outside flowers to 8 diamond flower. Refer to picture to ensure correct placement of outside flowers. Press.
 8. Stems. Refer to close up picture for placement of stems.
 - a. Place one large background triangle in position with flowers.
 - b. Cut one 8" segment from fabric C bias strip for center stem. Cut remaining strip in half for outside stems.
 - c. Position stems on background triangle with ends of strips extending past the triangle. Appliqué in place using preferred method.
 - d. Trim stem pieces even with edge of background triangle.
 9. Position large fabric D triangle next to background/stem triangle as in picture above. With right sides together, stitch. Press toward fabric D.
 10. Urn Base.
 - a. Using 2-3 1/8" x 7" rectangles and 2 small fabric D triangles and referring to picture of full block, position one triangle at the end of each rectangle. Stitch. Press toward fabric D.
 - b. Again referring to picture of full block, position base pieces next to large fabric D triangle. Stitch. Press toward fabric D.
 - c. Add small background triangle to bottom of urn. Stitch. Press toward fabric d.
 11. Inset stem/urn block into flowers.
 - a. Mark seam allowance on wrong side of stem/background triangle at point forming an intersection.
 - b. Stitch. Refer to Inset Seam Instructions as needed.
 - c. Press towards flowers.



Setting Triangles

Cutting

Cut 2 – 13 1/2" squares of fabric; cut both in half diagonally once to yield 4 triangles

Sewing

1. Position one triangle on each side of block to turn block on point.
2. Stitch one side in place. Press. Repeat for each of 4 triangles.